



MIYMANDALA

THE TAILOR MADE WELLNESS PLACE



Wellness is something personal,
an individual experience
in a world full of standards.



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OUR PHILO- SOPHY

MyMandala allows you to create your personal fitness mandala:

Choosing among the different modules you can assemble your ideal fitness platform, mirroring your attitudes, character, values and your individual idea of wellness.

When you look at your creation you can see yourself in it.

Thanks to MyMandala you can discover and create your personal fitness formula.



Yoga & Meditation.







/ SINGLE TILE

A simple unit, useful to complete the layout project, creating patterns or doing floor routines.



We Turn “Standard” Fitness Spaces
Into *Personal Wellness Places.*



/ YOGA MAT STATION

The large surfaces and excellent grip let you perform a variety of exercises, without sacrificing comfort and safety.

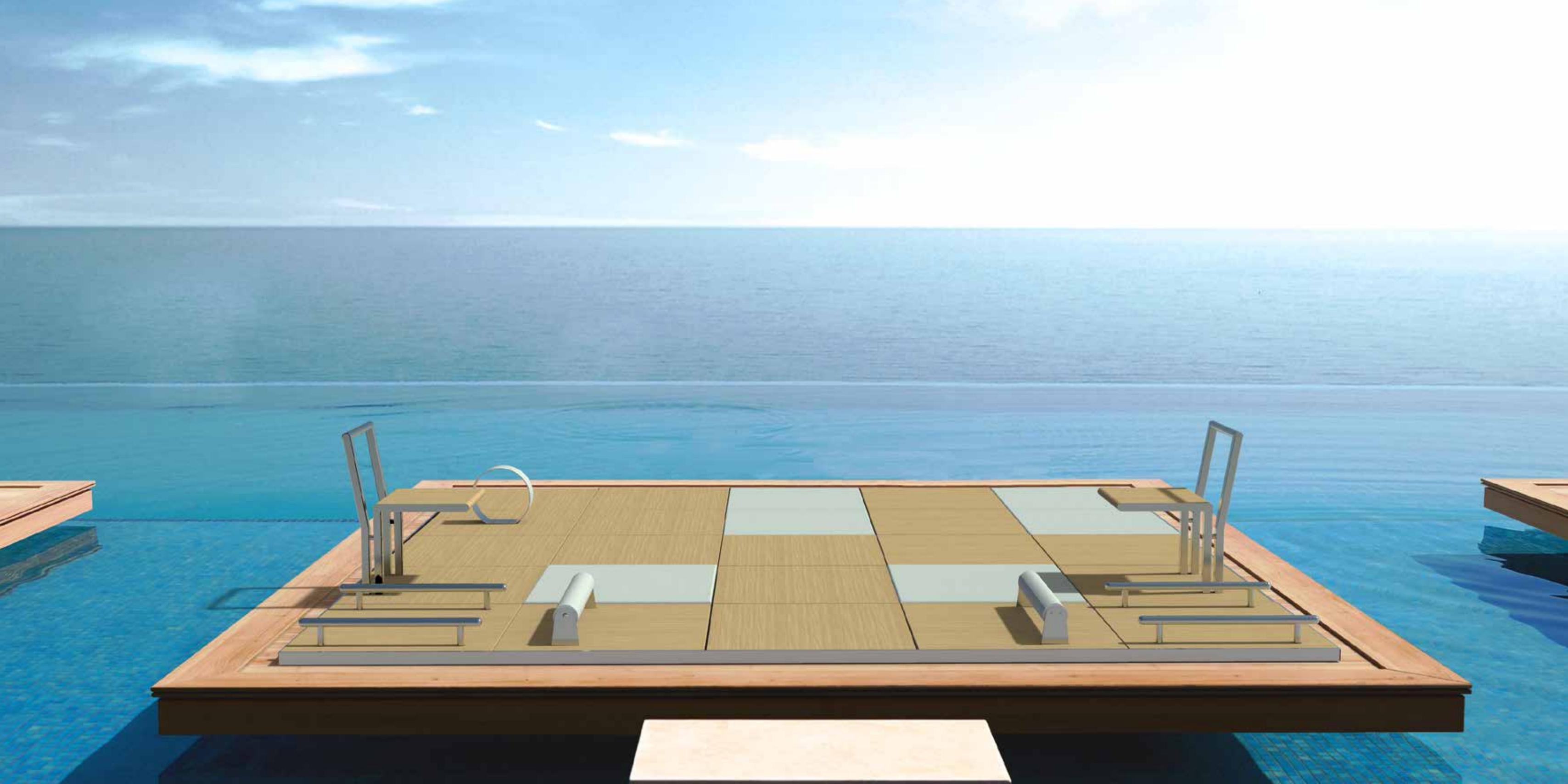




/ YOGA WHEEL STATION

This relative newcomer to the world of yoga practices is a narrow, but wide, cylinder made of stainless steel. It's used to deepen stretches to enhance flexibility, offering a more challenging balance practice, or providing support for difficult poses.





/ FOAM ROLLER STATION

A Lifesaver for massaging sore muscles after workouts, the Foam Roller represents a fundamental and versatile accessory to focus your body for both yoga exercises and physical training.



/ YOGA CHAIR STATION

Yoga chair modifies yoga poses, adapting them to the chair. These modifications also make yoga accessible to people who cannot stand or lack in mobility. While seated, people can do versions of twists, hip stretches, forward bends, and mild backbends.

In addition to a good stretch, yoga chair provides other health benefits including improved muscle tone, better breathing habits, reduction of stress, better sleep and a sense of well-being.







Functional.







/ SINGLE GROUND HOOKS TILE

Thanks to a wide range of tubes featuring various resistance levels and the Easy-Connect Hook System, it is possible to do hundreds of strength training, resistance and coordination exercises.





/ SINGLE BATTLE ROPE LOOP TILE

A favorite training tool for elite athletes, Special Forces and professional sports teams. Battle Rope is one of the most effective tools to burn fat.



/ SINGLE PISTOLS TILE

The perfect way to train for balance, allowing development of flexibility, coordination and endurance while challenging commonly overlooked and often weakened stabilizers and assisting muscles.







/ SINGLE PARALLETES TILE

This solid, versatile, premier accessory has quickly gained popularity for functional training, calisthenics and gymnastics because of its effectiveness and universality.





/ SINGLE BOX JUMP TILE

The Box Jump is a powerful workout tool extremely popular among fitness professionals.

It allows an explosive movement, outstanding for strengthening glutes, quads and calves, while improving balance and agility.







/ BENCH STATION

With Flat Bench it's easy to hit the complex network of ab muscles, thanks to the combination of dumbbell and barbell exercises.



/ ROTARY PUSH-UPS TILE

Rotary Push-ups allows an enhanced workout routine and gets the most out of the push-up exercise, challenging muscles even further. At the same time smoothly rotating handles help to reduce strain on wrists.





/ AB BAR PIECE

This is a professional and innovative version of an old-school ab wheel. The handlebar, incorporated into a specially designed parallel steel track, allow for a smooth, guided movement.

Free standing accessory.

/ DOUBLE AB BAR PIECE

This is a professional and innovative version of an old-school ab wheel. The handlebar, incorporated into a specially designed parallel steel track, allow for a smooth, guided movement. Free standing accessory.







/ SLIDING PUSH-UPS PIECE

Sliding Push Up brings the workout to another level, with sliding of the main handles and improved personal training. Thanks to the force of gravity, Sliding Push Up enables the muscles to be trained in different ways. Free standing accessory.





/ SINGLE STABILITY BOARD TILE

This accessory has quickly gained popularity for stability training sessions. Through natural movements it's possible to improve the physical balance.





/ LANDMINE STATION

Landmine is the ideal accessory to develop strength. 360-degree mobility allows users to focus on any individual muscle group while different plates can be added to the outrigger for the desired amount of weight resistance.



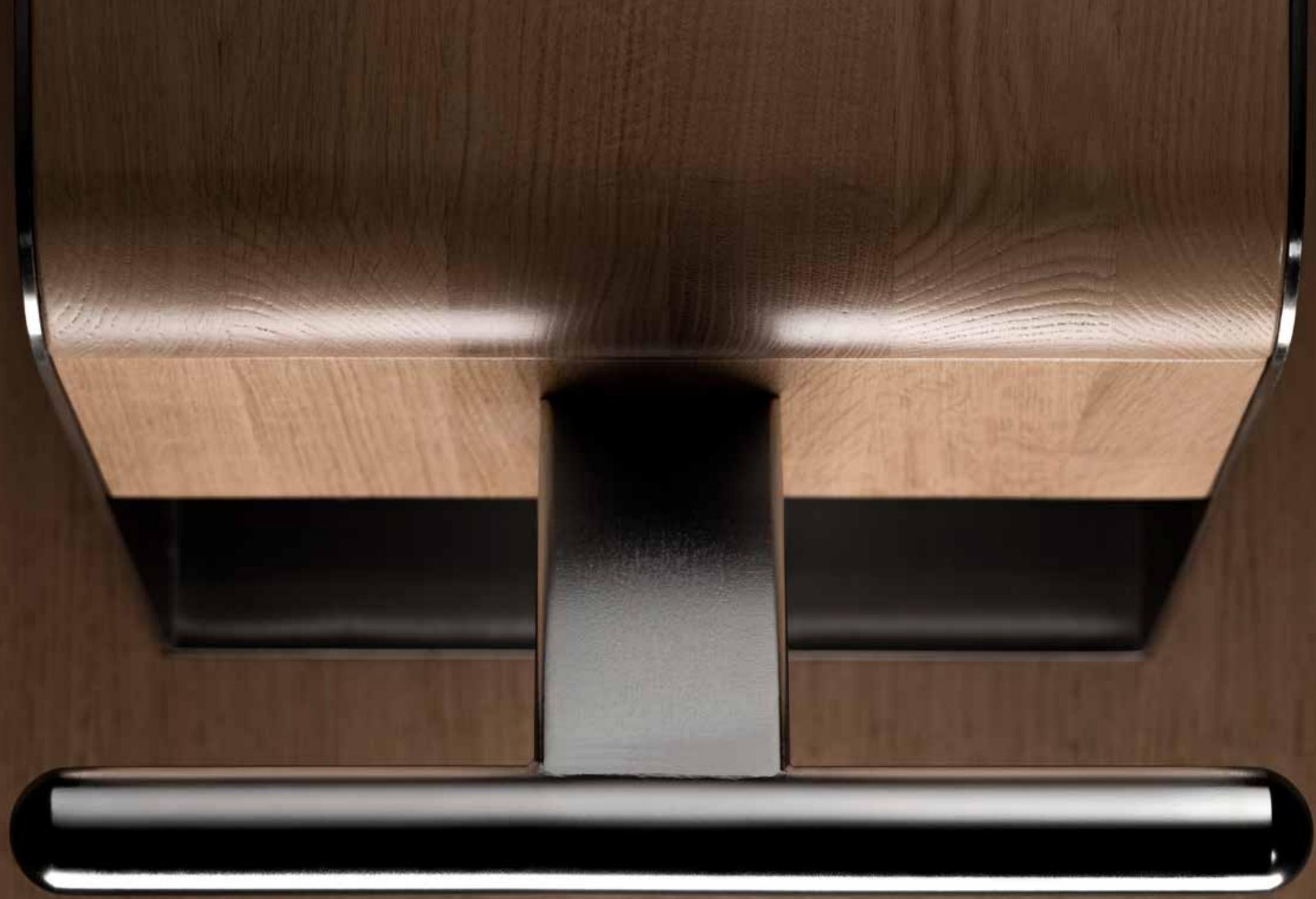


/ ACRO STATION

A unique design to help you develop strength, endurance and balance, thanks to the two pull-up bars. The central hook allows to practice aerial yoga or boxing, according to the accessory installed and personal needs.



Materials.





/ MATERIALS

Only the most exclusive materials have been selected to craft MyEquilibria products and accessories.

Our stainless steel, woods, technical compounds used in competitive sports and breakthrough materials are engineered to withstand highly demanding outdoor environments and come in a wide range of colors and finishes.

/ STAINLESS STEEL

Stainless steel is the ultimate metallic material in terms of durability and resistance to atmospheric agents.

We also protect the stainless steel even further with additional electropolishing and/or sandblasting treatments.

/ ALUMINIUM

Aluminium is used to obtain light and aesthetically pleasing products with high resistance to atmospheric agents.

/ CORTEN

In order to initiate corten steel maturation process, we use an oxidation process through weathering. This type of system lends to corten a specific non-uniform aspect and different shades of color, indeed, are not a defect.

Corten steel, thanks to the process of maturation/oxidation that characterizes it, is considered a "live" material, which may vary over time, in shades and hues, depending on the shape of the object, the position in which it is installed and according to the cycles of weathering which the object undergoes.



Woods.

/ WOODS

The flooring tiles are composed by panels of marine plywood covered by HPL boards, ensuring at the same time an effective and durable resistance to atmospherical agents and a highly attractive and customizable look.

/ FINISHES



ROVERE



BIANCO



NOCE



QUERCIA

Frame.

/ FRAME

Each MyMandala design is then enclosed within an elegant perimeter of polished aluminum, enclosing the entire structure and framing each personal wellness space.



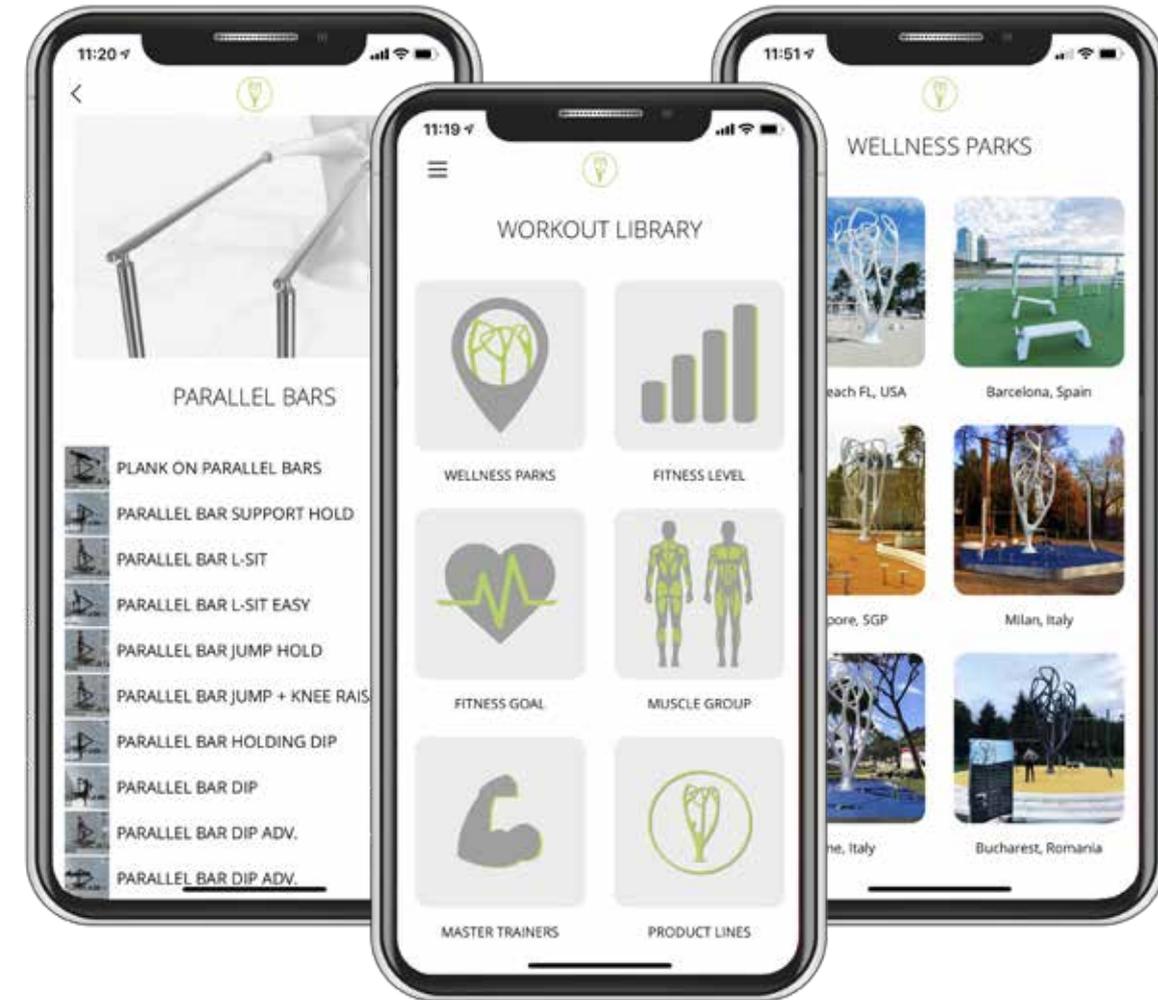
Wellness is something personal.
MyMandala turns Fitness Spaces
into Personal Wellness Places.



/ MYEQUILIBRIA APP

There are over 500 videos in the MyEquilibria workout protocol conceived by personal trainers. This video library will continue to expand and empower thanks to the numerous collaborations established with elite trainers and athletes worldwide.

It's easy to create a customized workout program by choosing a difficulty level, your favorite equipment, and the wellness goals you'd like to focus on.



/ AWARDS & NOMINATIONS



ADI DESIGN INDEX 2016
with MYEQUILIBRIA &
MYBEAST



ADI DESIGN INDEX 2017
with MYISLE



A'DESIGN AWARD 2017
with MYEQUILIBRIA



ADI COMPASSO D'ORO 2017
INTERNATIONAL AWARD
with MYISLE



reddot design award

RED DOT DESIGN AWARD 2018
with MYEQUILIBRIA



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THE PLACEMAKERS
MAKING SPACES LIVING PLACES



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